

# FREESTYLE AQUATICS – SUMMER 2023

Freestyle Aquatics is a year-round swim program that is offered at Rolling Hills Country Day School. Freestyle Aquatics offers **Private Swim Lessons each afternoon, Monday - Friday, from 4:30 – 6:00pm.** Our experienced swim instructors are dedicated to improving the swim skills of each individual swimmer from beginner to advanced swim levels. Freestyle Aquatics is open to the public, but priority will be given to Rolling Hills Country Day School's families and those enrolled in our Summer Programs.

**PRIVATE SWIM LESSONS** - Available all summer (**June 26 – August 18**) starting at 4:30pm. All private swim lessons for the summer of 2023 will be **½ hour in length.** Private lessons can include more than one swimmer; however, we ask that all swimmers working with one instructor be watersafe and have similar swimming abilities. The cost of adding additional swimmers is \$10/ ½ hour lesson. Swimmers must be at least 3 years old in order to participate in private swim lessons.

**REGISTRATION** - Registration for our Summer Freestyle Aquatics program can be done online through our [parent dashboard](#). You will click on the "Enrollment" tab to enroll in "Private Swim Lessons" and also complete the form "Swim Lesson Preferences" to let us know your availability. You can use this form to plan ahead by thinking about the dates and times you are interested in and we will do our best to schedule you for those times. For more information email- [SWIM@RHCDs.com](mailto:SWIM@RHCDs.com) or call (310) 377-4848, ext. 7051. You may enroll for one lesson at a time, or you may buy multiple lessons at a discounted rate.

**PRICING** - Freestyle Aquatics pricing for summer 2023 is:

| Freestyle Aquatics Prices  | 1 Private Swim Lesson | 5 Private Swim Lessons | 10 Private Swim Lessons |
|----------------------------|-----------------------|------------------------|-------------------------|
| ½ Hour Private Swim Lesson | <b>\$75</b>           | <b>\$350</b>           | <b>\$650</b>            |

## Private Lessons

**Private lessons begin at 4:30 every afternoon in ½ hour blocks.**

If you would like to enroll your child in private swim lessons, please circle your preferred lesson time below.

**4:30 – 5:00**

**5:00 – 5:30**

**5:30 – 6:00**

In the calendar below, please circle which days you would like your private lessons:

| June |    |    |    |    | July |    |    |    |    | August |    |    |    |    |
|------|----|----|----|----|------|----|----|----|----|--------|----|----|----|----|
| M    | T  | W  | Th | F  | M    | T  | W  | Th | F  | M      | T  | W  | Th | F  |
|      |    |    |    |    | X    | X  | 5  | 6  | 7  | 31     | 1  | 2  | 3  | 4  |
|      |    |    |    |    | 10   | 11 | 12 | 13 | 14 | 7      | 8  | 9  | 10 | 11 |
|      |    |    |    |    | 17   | 18 | 19 | 20 | 21 | 14     | 15 | 16 | 17 | 18 |
| 26   | 27 | 28 | 29 | 30 | 24   | 25 | 26 | 27 | 28 |        |    |    |    |    |

### Other Policies:

- **There will be no swim programs on Monday, July 3rd & Tuesday, July 4th.**
- All private lesson cancellations must be made at least 24 hours in advance.
- All swimmers not yet potty trained must wear water diapers while swimming.
- Private lessons are on a first come, first serve basis (based on online submission).
- The Aquatics Director will email you to confirm your lesson times have been successfully scheduled and payment will be due at the time of your first lesson.